



Go Here, Not There.

Knowing where to go for care can not only save you time, but money too!

ALLERGIES. AGAIN.	FIRE ANT TAKEOVER	BACK FULL OF CACTUS SPIKES	GORED BY A BULL	ONE WORD: DON'T
				
VIRTUAL HEALTH	PRIMARY CARE PROVIDER (PCP)	URGENT CARE CLINIC	EMERGENCY ROOM (ER)	FREESTANDING ER
Go here for: Allergies, asthma Colds, fevers Rashes	Go here for: Routine screenings Flu, COVID-19 Minor illnesses, injuries	Go here for: Stitches Sprains, minor breaks Severe flu symptoms	Go here for: Chest pain, heart attacks Strokes Broken bones	Rarely in network = \$\$\$\$\$\$ May not be set up for true emergencies = delayed care Delayed care = \$\$\$\$\$\$\$\$ 
\$	\$	\$\$\$	\$\$\$\$	

How does TRS-Care Standard work? You pay the full amount of your medical and prescription costs until you or your family reach the deductible. The plan then starts to pay coinsurance. Once you meet your deductible, the plan pays 80% of eligible in-network expenses. Once you or your family reach your maximum out of pocket, your plan pays 100% of expenses for the rest of the plan year.



Still stumped? Call **1-866-355-5999** or scan

