

Tips and tools for choosing the best coverage


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Which Plan is Right For You?

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Not sure which health plan is right for you and your family? We can help you choose.

TRs-ActiveCare has three plans for the 2024-25 plan year.

TRs-ActiveCare Primary and TRs-ActiveCare Primary+

With these plans, you select a Primary Care Provider from a statewide network. Your PCP will manage your health care and make referrals to specialists. More features include:

- lower deductible and maximum out of pocket
- preventive care covered at 100%
- low copays for doctor visits and generic medications before you meet your deductible
- \$25 copays for insulin
- \$0 copay for virtual mental health visits through Teladoc®
- no-cost diagnostic labs at your doctor's office or an independent lab
- no or low copays for TRs Virtual Health visits
- in-network coverage only

One of these plans may be right for you if you or a family member:

- require frequent doctor visits where a copay may be more convenient
- want a doctor to manage your family's health care and coordinate care with other providers
- want predictable copays for your medical expenses

TRs-ActiveCare HD

With this plan you have a high deductible and coinsurance rates instead of copays. More features include:

- preventive care covered at 100%
- nationwide network of doctors
- no PCP or referrals required
- works with a Health Savings Account
- out-of-network coverage

This plan may be right for you if you or a family member:

- don't have frequent doctor visits
- want the freedom to choose any provider, even out of network
- live in Texas, but get care from providers in another state

Need Help Picking a Plan?



Talk to a Personal Health Guide.

Chat in the **BCBSTX App** or call **1-866-355-5999, 24/7.**

[Plan Highlights](#)

Check out the [Health Care Costs Worksheet](#)

[Learn More](#)

www.bcbstx.com/trsactivecare



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