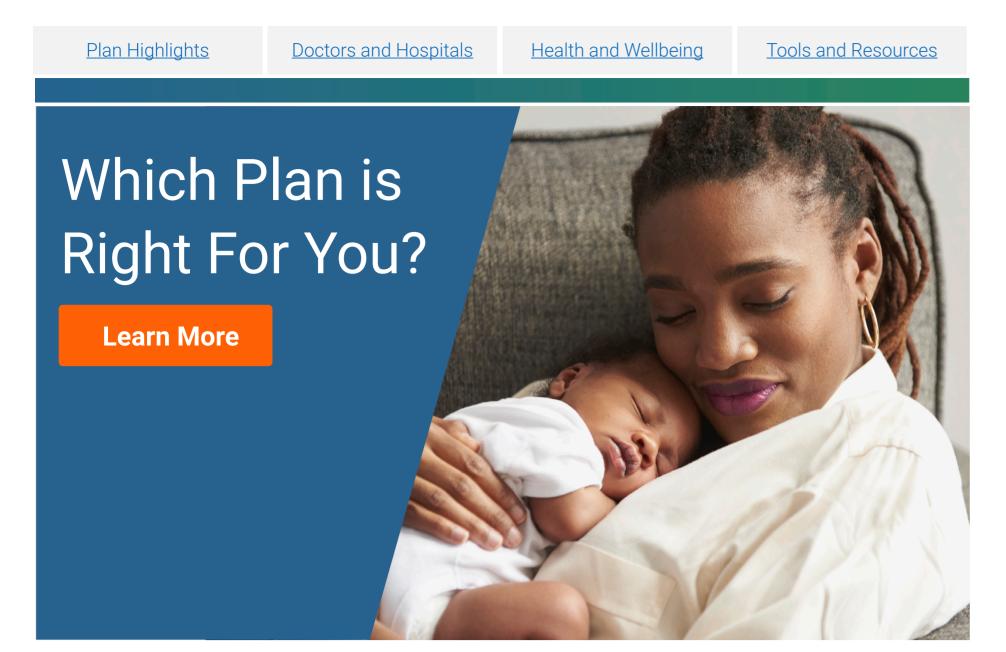
Desktop View Mobile View

Tips and tools for choosing the best coverage







Not sure which health plan is right for you and your family? We can help you choose.

TRS-ActiveCare has three plans for the 2024-25 plan year.

TRS-ActiveCare Primary and TRS-ActiveCare Primary+

With these plans, you select a Primary Care Provider from a statewide network. Your PCP will manage your health care and make referrals to specialists. More features include:

- lower deductible and maximum out of pocket
- preventive care covered at 100%
- low copays for doctor visits and generic medications before you meet your deductible
- \$25 copays for insulin
- \$0 copay for virtual mental health visits through Teladoc®
- no-cost diagnostic labs at your doctor's office or an independent lab
- no or low copays for TRS Virtual Health visits
- in-network coverage only

One of these plans may be right for you if you or a family member:

- require frequent doctor visits where a copay may be more convenient
- want a doctor to manage your family's health care and coordinate care with other providers
- want predictable copays for your medical expenses

TRS-ActiveCare HD

With this plan you have a high deductible and coinsurance rates instead of copays.

More features include:

- preventive care covered at 100%
- nationwide network of doctors
- no PCP or referrals required
- works with a Health Savings Account
- out-of-network coverage

This plan may be right for you if you or a family member:

- don't have frequent doctor visits
- want the freedom to choose any provider, even out of network
- live in Texas, but get care from providers in another state

Need Help Picking a Plan?



Talk to a Personal Health Guide.

Chat in the **BCBSTX App** or call **1-866-355-5999**, 24/7.

Plan Highlights

Check out the **Health Care Costs Worksheet**

Learn More

Www.bcbstx.com/trsactivecare If I in in portable document format (PDF). To view this file, you may need to install a PDF reader program. Most PDF readers are a free download. One option is Adobe® Reader® which has a built-in screen reader. Other Adobe accessibility tools and information can be downloaded at www.adobe.com/@ If I is in portable document format (PDF). To view this file, you may need to install a PDF reader program. Most PDF readers are a free download. One option is Adobe® Reader® which has a built-in screen reader. Other Adobe accessibility tools and information can be downloaded at www.adobe.com/@ It is new site may be offered by a vendor or an independent third party. The site may also contain non-Medicare related information. In addition, some sites may require you to agree to their terms of use and privacy policy. Teladoc is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide virtual medical care for members with coverage through BCBSTX. BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them. Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association 1001 E. Lookout Drive, Richardson, TX 75082 © Copyright 2024 Health Care Service Corporation. All Rights Reserved. Legal and Privacy | Non-Discrimination Notice | Language Assistance | Update Your Preferences | Unsubscribe View in Web Browser

