

July participant emails

Hello!

Below you'll find information about your wellness toolkit and participant emails we're sending this month!

Wellness Toolkits

The best time to quit smoking is right now! We know it's not easy, but TRS-ActiveCare can help. Your Wellness Toolkit includes resources on getting started with wellness coaching through Well onTarget® and its smoking cessation program and tips for quitting!

[Get the Toolkit](#)

Emails to Participants this Month

From A to Z: Your TRS-ActiveCare Plan webinars

It's important to understand your benefits before you enroll in a health plan. This email will invite participants to join one of the From A to Z: Your TRS-ActiveCare Plan webinars. During the webinar, they'll learn about each plan, wellness benefits, ways to save and more. They'll also get to ask questions.

Have You Enrolled Yet?

This email reminds participants that Annual Enrollment has started and provides them with links to resources like Annual Enrollment "How to" videos, Annual Enrollment Guide, Plan Highlights, Health Care Cost Worksheet and more.

Targeted Emails

TRS-ActiveCare HD – Do You Have the Right Plan?

- provides an overview of the TRS-ActiveCare Primary plans, their benefits and the difference between them

TRS-ActiveCare Primary – Do You Need More Coverage?

- focuses on the difference between the TRS-ActiveCare Primary plans
- how the TRS-ActiveCare Primary+ plan could be a better value if their family requires more coverage

TRS-ActiveCare Primary+ – Happy With Your TRS-ActiveCare Plan?

- provides them with an overview of what's changing for 2024-25
- how they can keep or change their plan

Thank you again for all you do,
Your TRS-ActiveCare Team

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