

January Participant Emails

Happy New Year from your friends at TRS and Blue Cross and Blue Shield of Texas!

Benefits Administrators Toolkit

Have a question? Your BA Toolkit has the answer! You can easily find enrollment materials and other important tools to help your employees navigate their coverage options and save money. You'll find:

- Annual Enrollment Guide and Videos
- Admin Guide
- Plan Highlights
- Summary of Benefits and Coverages
- BA Reference Guide
- Benefits Booklets
- Resource Guides
- Wellbeing resources, presentations, documents, forms and more!

[Visit the Toolkit](#)

Wellness Toolkit

It's a new year, make it a healthy one! Preventive care is one of the most important parts of a healthy lifestyle. Help participants learn about protecting their health through screenings, immunizations, partnering with their Primary Care Provider and more. It's all in your wellness toolkit!

[Get the Toolkit](#)

Participant Emails This Month

New Year, Healthier You

If you don't hit the ground running with your New Year resolution, you may have a harder time sticking to it. This email gives participants an overview of how their TRS-ActiveCare plan can help them reach their goals.

www.bcbstx.com/trsactivecareba



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