



Routine Checkups Give Babies A Healthy Start

All children should have a Well Child checkup every year, but babies need extra care. For children on the STAR Kids plan, these are also called Texas Health Steps checkups. Babies should have checkups:

- At least six times from birth to 15 months
- At least two times from 15 to 30 months

Call your doctor's office to schedule Well Child visits today. If you need help finding a doctor, call **1-877-688-1811** (TTY/TDD: **711**).

After completing six visits in the first 15 months, you will earn a \$120 gift card reward from Blue Cross and Blue Shield of Texas. Once you complete the checkup, visit www.bcbstx.com/wellnessrewards to register and claim your gift card reward.

During a Well Child visit, the doctor will:

- Check your child's growth and development (height, weight)
- Make sure your child is up to date on vaccinations
- Answer your questions

[Click here to learn about recommended checkups for your family.](#)



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ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

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