



Medically Dependent Children Program



Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

The Medically Dependent Children Program (MDCP) offers community-based services for people who need the level of care given in a nursing facility, but who would like to stay home. These services are provided as well as Medicaid benefits, like doctor visits and personal care services. To be eligible, the child or young adult must:

- Be under age 21
- Meet the level of care for medical necessity for nursing facility care as decided by the Health and Human Services Commission
- Be financially eligible for Medicaid

MDCP Services

You will have Medicaid services such as long-term services and supports, unlimited prescriptions and a named service coordinator. You can also get:

Respite: A service that provides temporary relief from caregiving during the times when the primary caregiver would normally provide care. This service can be provided at home or outside of the home.

Flexible Family Support Services: A service which is individualized and supports the member. Services include childcare, independent living and post-secondary education.

Minor Home Modifications: Physical changes to help you move around your home safely, like a wheelchair ramp or modifying your bathroom to make it easier to use. The minor home modification lifetime limit is \$7,500.

Transition Assistance: A one-time financial service to help you move out of a nursing home and back to the community. This service can help with payment for deposits or help you set up your home.

Employment Assistance: Helps you find paid employment in the community.

Supported Employment: Helps you keep competitive employment or self-employment.

Financial Management Services: Services delivered by a financial management services agency through the consumer directed services option.

Adaptive Aids: Devices to treat, rehabilitate, prevent or compensate for conditions resulting in disability or loss of function and enable you to perform activities of daily living or control the environment in which you live.

A member must use up any applicable Medicare, Medicaid or other third-party resources for durable medical equipment and adaptive aids, such as repair and maintenance not covered by warranty, before adaptive aids available under MDCP are authorized. Adaptive aids covered should cost above \$100 with a maximum total of \$4,000.

Some of the adaptive aids covered are:

- Van lifts
- Vehicle modifications
- Jump seats
- Tumble form chairs
- Feeder seats
- Medically appropriate strollers
- Barrier-free lifts
- Stair lifts
- Environmental control units
- Alarm systems
- Support rails
- Electrical work related to use of authorized adaptive aids
- Installation of authorized adaptive aids
- Repairs to adaptive aids

You might also be able to get:

- Personal care services: Basic attendant care to help with activities of daily living, like preparing meals, bathing and cleaning.
- Private duty nursing: Nursing services for people who meet the medical necessity criteria, and who require individualized, continuous, skilled care beyond the care provided through home health.
- Physical, speech and occupational therapies

If you have questions call your service coordinator at **1-877-301-4394**. We are open 8 a.m. to 5 p.m. Central time, Monday through Friday. You may leave a voicemail outside of our normal business hours and on weekends and holidays.

Blue Cross and Blue Shield of Texas complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).