

www.bcbstx.com/bb/ind/bb_bhsh41bavitxo_tx_2025.pdf or by calling 1-888-697-0683. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance</u> <u>billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-855-756-4448 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$9,200 Individual/\$18,400 Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. In-Network Preventive Health Care services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive- care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,200 Individual/\$18,400 Family The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.	
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.bcbstx.com/go/bahmo</u> or call 1-888-697-0683 for a list of Participating <u>providers</u> .	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u> <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

		What You	u Will Pay		
Common Medical Event	Services You May Need	Services You May Need Participating Providers (You will pay the least) (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	No Charge after <u>deductible</u>	Not Covered	Virtual Visits are available. See your benefit booklet* (Your PCP) for details.	
If you visit a health care <u>provider's</u> office	<u>Specialist</u> visit	No Charge after <u>deductible</u>	Not Covered	Referral required.	
or clinic	<u>Preventive</u> <u>care/screening</u> /immunization	No Charge; <u>deductible</u> does not apply	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
16 have a taat	<u>Diagnostic test</u> (x-ray, blood work)	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> may be required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Outpatient Lab and X-Ray services) for details.	
lf you have a test	Imaging (CT/PET scans, MRIs)	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> may be required. <u>Preauthorization</u> may also be required; See your benefit booklet* (Outpatient Lab and X-Ray services) for details.	
	Generic drugs (Preferred)	No Charge after <u>deductible</u>	Not Covered	Limited to a 30-day supply at retail (or a	
If you need drugs to treat your illness or condition	Generic drugs (Non- Preferred)	No Charge after <u>deductible</u>	Not Covered	90-day supply at a <u>network</u> of select retail pharmacies). Up to a 90-day supply at mail order. <u>Specialty drugs</u> limited to a 30-day supply except for certain FDA-	
condition	Brand drugs (Preferred)	No Charge after <u>deductible</u>	Not Covered	designated dosing regimens. Payment of	
More information about prescription drug	Brand drugs (Non-Preferred)	No Charge after <u>deductible</u>	Not Covered	the difference between the cost of a brand name drug and a generic may also	
<u>coverage</u> is available	Specialty drugs (Preferred)	No Charge after <u>deductible</u>	Not Covered	be required if a generic drug is available. Certain drugs require approval before	
at <u>www.bcbstx.com/rx25</u> / <u>6T</u>	<u>Specialty drugs</u> (Non- Preferred)	No Charge after <u>deductible</u>	Not Covered	they will be covered. <u>Cost sharing</u> for insulin included in the drug list will not exceed \$25 per prescription for a 30-day supply, regardless of the amount or type of insulin needed to fill the prescription.	
lf you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge after <u>deductible</u>	Not Covered		

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		What Yo			
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)Non-Participating Providers (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Physician/surgeon fees	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required. For Outpatient Infusion Therapy, see your benefit booklet* (Outpatient Facility Services) for details.	
	Emergency room care	No Charge after <u>deductible</u>	No Charge after <u>deductible</u>	None	
If you need immediate medical attention	Emergency medical transportation	No Charge after <u>deductible</u>	No Charge after <u>deductible</u>	Preauthorization may be required for non-emergency transportation; see your benefit booklet* (Ambulance Services) for details.	
	<u>Urgent care</u>	No Charge after <u>deductible</u>	Not Covered	None	
lf you have a hospital	Facility fee (e.g., hospital room)	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Inpatient Hospital Services) for details.	
stay	Physician/surgeon fees	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Inpatient Professional Services) for details.	
lf you need mental health, behavioral	Outpatient services	No Charge after <u>deductible</u>	Not Covered	Preauthorization may be required; See your benefit booklet* (Behavioral Health Services) for details.	
health, or substance abuse services	Inpatient services	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Behavioral Health Services) for details.	
	Office visits	No Charge after <u>deductible</u>	Not Covered	Cost sharing does not apply for	
lf you are pregnant	Childbirth/delivery professional services	No Charge after <u>deductible</u>	Not Covered	preventive services. Depending on the type of services, a <u>deductible</u> may apply. Maternity care may include tests and	
	Childbirth/delivery facility services	No Charge after <u>deductible</u>	Not Covered	services described elsewhere in the SBC (i.e., ultrasound).	

			What You			
Common Medical Ev		s You May Need	Participating Providers (You will pay the least)Non-Participating Providers (You will pay the most)		Limitations, Exceptions, & Other Important Information	
	Home heal	th care	No Charge after <u>deductible</u>	Not Covered	60 visits/year. <u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Extended Care Services) for details.	
	<u>Rehabilitati</u>	on services	No Charge after <u>deductible</u>	Not Covered	Separate 35-visit maximum per benefit	
If you need hel recovering or h		<u>services</u>	No Charge after <u>deductible</u>	Not Covered	period for <u>Habilitation services</u> and <u>Rehabilitation services</u> , including chiropractic care. <u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (<u>Rehabilitation Services</u> and <u>Habilitation</u> <u>Services</u>) for details.	
other special health		sing care	No Charge after <u>deductible</u>	Not Covered	25 days/year. <u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Extended Care Services) for details.	
	Durable me	edical equipment	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (<u>Durable Medical Equipment</u>) for details.	
	Hospice se	rvices	No Charge after <u>deductible</u>	Not Covered	<u>Referral</u> required. <u>Preauthorization</u> may also be required; see your benefit booklet* (Extended Care Services) for details.	
	Children's e	eye exam	No Charge; <u>deductible</u> does not apply	Up to a \$30 reimbursement is available	One visit per year. Out-of-Network reimbursement will not exceed the retail cost. See your benefit booklet* (Pediatric Vision Care Benefits) for details.	
If your child ne dental or eye ca		glasses	No Charge; <u>deductible</u> does not apply	Up to a \$75 reimbursement is available	One pair of glasses per year. Reimbursement for frames, lenses, and lens options purchased Out-of-Network is available (not to exceed the retail cost). See your benefit booklet* (Pediatric Vision Care Benefits) for details.	

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Participating Providers (You will pay the least)	Non-Participating Providers (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's dental check-up	Not Covered	Not Covered	None

Excluded Services & Other Covered Services:

Services Your <u>Plan</u> Generally Does NOT Cover (C • Abortion (Except for a pregnancy that, as certified		 nation and a list of any other <u>excluded services</u>.) Private-duty nursing (Unless medically necessary)
 by a physician, places the woman in danger of death) Acupuncture Bariatric surgery Cosmetic surgery (Except when <u>medically</u> <u>necessary</u>) 	 Infertility treatment (Diagnosis and treatment covered; in vitro not covered) Long-term care Non-emergency care when traveling outside the U.S. 	 Routine eye care (Adult) Routine foot care (Except when <u>medically</u> <u>necessary</u>) Weight loss programs
Other Covered Services (Limitations may apply to	o these services. This isn't a complete list. Please	see your <u>plan</u> document.)
 Chiropractic care (35 visits/year combined with habilitation and <u>rehabilitation services</u>) 	 Hearing aids (Limited to 1 hearing aid per ear every 36 months) 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the <u>plan</u> at Blue Cross and Blue Shield of Texas at 1-888-697-0683 or visit <u>www.bcbstx.com</u>. You may also contact your state insurance department at 1-800-252-3439 or Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u> Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596 OR state <u>Health Insurance Marketplace</u> or SHOP.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Texas Department of Insurance at 1-800-578-4677 or visit <u>https://tdi.texas.gov</u>.

Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-697-0683.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-697-0683.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-697-0683.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-697-0683.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

(9 months of in-network pre-na			Mia's Simple Fract (in-network emergency room vi up care)		
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	\$9,200 \$0 \$0 \$0	Hospital (facility) <u>copayment</u> \$0		 The <u>plan's</u> overall <u>deductible</u> \$9,20 <u>Specialist copayment</u> Hospital (facility) <u>copayment</u> Other <u>copayment</u> 	
This EXAMPLE event includes services like:Specialistoffice visits (prenatal care)Childbirth/Delivery Professional ServicesChildbirth/Delivery Facility ServicesDiagnostic tests (ultrasounds and blood work)Specialist visit (anesthesia)		This EXAMPLE event includes services like:Primary care physicianoffice visits (includingdisease education)Diagnostic tests (blood work)Prescription drugsDurable medical equipment (glucose meter)		This EXAMPLE event includes services like:Emergency room care (including medical supplies)Diagnostic test (x-ray)Durable medical equipment (crutches)Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$9,200	Deductibles \$2,300 Deductibles		\$2,800	
Copayments	\$0	<u>Copayments</u>	\$300	<u>Copayments</u>	\$0
Coinsurance	\$0	Coinsurance	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions \$20		Limits or exclusions	\$0
The total Peg would pay is	\$9,260	The total Joe would pay is	\$2,620	The total Mia would pay is	\$2,800

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



Health care coverage is important for everyone.

If you, or someone you are helping, have questions, you have the right to get help and information in your language at no cost. To talk to an interpreter, call 855-710-6984. We provide free communication aids and services for anyone with a disability or who needs language assistance.

We do not discriminate on the basis of race, color, national origin, sex, gender identity, age, sexual orientation, health status or disability. If you believe we have failed to provide a service, or think we have discriminated in another way, contact us to file a grievance.

Office of Civil Rights Coordinator	Phone:	855-664-7270 (voicemail)
300 E. Randolph St., 35th Floor	TTY/TDD:	855-661-6965
Chicago, IL 60601	Fax:	855-661-6960

You may file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, at:

U.S. Dept. of Health & Human Services 200 Independence Avenue SW Room 509F, HHH Building 1019 Washington, DC 20201

or nearth and numa	an Ser
Phone:	800-3
TTY/TDD:	800-5
Complaint Portal:	https
Complaint Forms:	https
	com

800-368-1019 800-537-7697 ortal: https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf orms: https://www.hhs.gov/civil-rights/filing-acomplaint/complaint-process/index.html

1	To receive language or communication assistance free of charge, please call us at 855-710-6984.
Español	Llámenos al 855-710-6984 para recibir asistencia lingüística o comunicación en otros formatos sin costo.
العربية	لتلقى المساعدة اللغوية أو التواصل مجانًا، يرجى الاتصال بنا على الرقم 6984-710-855.
繁體中文	如欲獲得免費語言或溝通協助, 請撥打855-710-6984與我們聯絡。
Français	Pour bénéficier gratuitement d'une assistance linguistique ou d'une aide à la communication, veuillez nous appeler au 855-710-6984.
Deutsch	Um kostenlose Sprach- oder Kommunikationshilfe zu erhalten, rufen Sie uns bitte unter 855-710-6984 an.
ગુજરાતી	ભાષા અથવા સંચાર સહાય મફતમાં મેળવવા માટે, કૃપા કરીને અમને 855-710-6984 પર કૉલ કરો.
हिंदी	निःशुल्क भाषा या संचार सहायता प्राप्त करने के लिए, कृपया हमें 855-710-6984 पर कॉल करें।
Italiano	Per assistenza gratuita alla lingua o alla comunicazione, chiami il numero 855-710-6984.
한국어	언어 또는 의사소통 지원을 무료로 받으려면 855-710-6984번으로 전화해 주세요.
Navajo	Niná: Doo bilagáana bizaad dinits'á'góó, shá ata' hodooni nínízingo, t'áájíík'eh bee náhaz'á. 1-866-560-4042 jį' hodíilni.
فارسى	برای دریافت کمک زبانی یا ارتباطی رایگان، لطفاً با شمار ه 6984-710-855 تماس بگیرید.
Polski	Aby uzyskać bezpłatną pomoc językową lub komunikacyjną, prosimy o kontakt pod numerem 855-710-6984.
Русский	Чтобы бесплатно воспользоваться услугами перевода или получить помощь при общении, звоните нам по телефону 855-710-6984.
Tagalog	Para makatanggap ng tulong sa wika o komunikasyon nang walang bayad, pakitawagan kami sa 855-710-6984.
اردو	مفت میں زبان یا مواصلت کی مدد موصول کرنے کے لیے، براہِ کرم ہمیں 6984-710-855 پر کال کریں۔
Tiếng Việt	Để được hỗ trợ ngôn ngữ hoặc giao tiếp miễn phí, vui lòng gọi cho chúng tôi theo số 855-710-6984