

# IN-HOME HEALTH EVALUATION FAQs

## Q1. What is an In-Home Health Evaluation (IHE)?

A1. An IHE is a 45- to 60-minute in-home or telehealth visit that provides a comprehensive view of your health. It can give you additional insight into your current health and wellness condition, medications, and more.

An IHE includes:

- Clothed physical exams, including vital signs
- Review of active/inactive/chronic medical diagnoses with associated medication(s)
- Functional status and fall risk assessment
- Personal and social history, including drug, tobacco and alcohol screenings
- Diabetes and cancer assessments
- Depression, suicide, and mental health screenings
- Clinician assessment with recommendations
- Preventive and chronic disease care recommendations
- Case management referral (if applicable)

An IHE does not:

- Replace any regular doctor visits or the annual wellness exam
- Order or perform any invasive tests/procedures or prescribe medication
- Carry any additional cost to you

## Q2. What is the value of an IHE?

A2. In-home visits provide an opportunity to:

- Learn more about safety hazards in your home
- Gain information about appropriate disease-management programs
- Receive a comprehensive review of your medications
- Give you diagnoses and recommendations for follow-up care

## Q3. What happens to your results once collected?

A3. If you provide permission and your primary care provider (PCP) contact information, we make sure that your PCP receives a full report from the IHE to better support you in managing your health. You will also receive a one-page summary.

## Q4. Does this replace my regular doctor visits?

A4. No, the IHE visit does not replace regular appointments with your PCP or any other specialist.

## Q5. What if I am not comfortable with an in-home visit?

A5. You can have a telehealth visit using a phone, tablet, or laptop computer. This provides you with personalized attention and care while maintaining social distancing.

## Q6. What precautions are being taken for COVID-19?

A6. All clinicians will perform COVID-19 screening questions before entering your home. We are following all CDC guidelines to ensure the safety of both you and the clinician.

## Q7. How should I prepare for the visit?

A7. Please have your current prescriptions, supplements, and over the-counter medication bottles handy for the clinician to review. There is no fasting required.

## Q8. How much will this visit cost?

A8. There is absolutely no charge for this visit. An IHE from Signify Health does not carry any additional cost to you.

 UT CARE™

If you have additional questions, please contact Signify Health at 1-855-319-4448 (TTY 711), Monday through Friday, 7 a.m. to 7 p.m. CT, or visit [signifyhealth.com](https://www.signifyhealth.com).

UT CARE™ Medicare PPO is an open access Medicare Advantage PPO plan. On occasion, you may receive automated communications that reference plan name 'Blue Cross Group Medicare Advantage Open Access (PPO)<sup>SM</sup>'. This plan name also refers to UT CARE Medicare PPO.

PPO plans provided by Blue Cross and Blue Shield of Texas, which refers to HCSC Insurance Services Company (HISC) and GHS Insurance Company (GHSIC). PPO employer/union group plans provided by Health Care Service Corporation, a Mutual Legal Reserve Company (HCSC). HCSC, HISC, and GHSIC are Independent Licensees of the Blue Cross and Blue Shield Association. HCSC, HISC, and GHSIC are Medicare Advantage organizations with a Medicare contract. Enrollment in these plans depends on contract renewal.