





## **Routine Checkups Give Babies A Healthy Start**

All children should have a Well Child checkup every year, but babies need extra care. For children on the STAR plan, these are also called Texas Health Steps checkups. Babies should have checkups:

- At least six times from birth to 15 months
- At least two times from 15 to 30 months

During a Well Child visit, the doctor will:

- Check your child's growth and development (height, weight)
- Make sure your child is up to date on vaccinations
- Answer your questions

Call your doctor's office to schedule Well Child visits today. If you need help finding a doctor, call **1-888-657-6061** (TTY/TDD: **711**).

After completing six visits in the first 15 months, you will earn a \$120 gift card reward from Blue Cross and Blue Shield of Texas. Once you complete the checkup, visit www.bcbstx.com/wellnessrewards to register and claim your gift card reward.

Click here to learn about recommended checkups for your family.



Blue Cross and Blue Shield of Texas complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-710-6984 (TTY: 711).

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-710-6984 (TTY: 711).

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

SCM-3063-0524