



BlueCross BlueShield
of Texas

Healthy Texas Women (HTW) and HTW Plus Overview



SKCP-9061-0823

Revised 08/2023

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Purpose

To do everything in our power to stand with our members in sickness and health. We strive to develop relationships with our members, providers and the communities that we serve in order to better our STAR, CHIP and STAR Kids members' health.



Healthy Texas Women (HTW) Overview



Health and Human Services launched the Healthy Texas Women program July 1, 2016

Healthy Texas Women is a program that provides primary health care services, including family planning services, reproductive health service and health screenings, to eligible women under 1 Tex. Admin. Code Chapter 382, Subchapter A.

Eligible low-income women may receive free programs offered by Healthy Texas Women to assist with women's health and family planning services.

These services assist women in planning their families, whether they want to delay or prevent pregnancy as well as their overall general health.

Who is eligible?

Qualifications for Women:

- A woman between the ages of 15 - 44 (women ages 15 - 17 must have parent/legal guardian apply on their behalf)
- A U.S. citizen or legal immigrant
- Reside in Texas
- Have no health insurance
- Are not pregnant
- Make less than the monthly family income limits listed in the chart to the left.

Note: add \$804 monthly for each additional person in a household with over 7 people

Family Size, Including Self	Monthly Maximum Family Income ¹ (204.2% Federal Poverty Level) Eff 03/01/2022 – 02/28/2023
1	\$2313
2	\$3116
3	\$3919
4	\$4723
5	\$5526
6	\$6329
7	\$7132

¹ Health Texas Women Income:
<https://www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-who-can-apply>

Different ways women can apply?



The process:

Several ways to submit enrollment:

Apply online at website:

- Submit an electronic application to **Your Texas Benefits:** www.yourtexasbenefits.com/Learn/HomeYourTexasBenefits.com

Complete a paper application:

- [Downloading the form](#) and then mail or fax (available on the website)

By Mail at:

Healthy Texas Women
P.O. Box 149021
Austin, TX 78714-9021

Fax (toll-free) 1-866-993-9971

Call toll-free 2-1-1 or 1-877-541-7905 for assistance from 8 a.m. to 6 p.m., CST, Monday to Friday.

Or

- Visit a local Human and Health Services (HHS) benefit office
- Will need proof of documentation to verify meet requirements (i.e., income, employment, court paper, etc.). The complete list, please visit: [www.healthytexaswomen.org/healthca re-programs/healthy-texas-women/htw-how- apply](http://www.healthytexaswomen.org/healthca-re-programs/healthy-texas-women/htw-how-apply)



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Services offered by Healthy Texas Women



Healthy Texas Women (HTW)

Eligible low-income women may receive free programs offered by Healthy Texas Women to assist with women's health and family planning services.

These services assist women in planning their families, whether they want to delay or prevent pregnancy as well as their overall general health.

Family Planning Program

The Family Planning Program is dedicated to provide accessible family planning and reproductive healthcare to eligible women and men in Texas.

The Free or low-cost services offered through the Family Planning Program help:

- Reduce unintended pregnancies
- Allow people to determine the number and spacing of their children
- Improve birth outcomes and overall health

Family Planning Program Benefits

The program offers several services:

- Pregnancy testing
- Pelvic examination
- Sexually transmitted infection services
- Breast and cervical cancer screenings
- Clinical breast examination
- Screening for cholesterol, diabetes, and high blood pressure
- HIV screening
- Long-acting reversible contraceptives
- Oral contraceptive pills
- Permanent sterilization
- Other contraceptive methods such as condoms, diaphragm, vaginal spermicide, and injections.
- Natural family planning counseling

Breast and Cervical Cancer Services (BCCS) and who qualifies

The Breast and Cervical Cancer Services program's goal is to help women receive quality and accessible cancer screening and health services. Regular screening is the best method to detect breast or cervical cancer in its earliest stages.

Qualifications for these services:

- Women aged 18 or older
- Reside in Texas
- No health insurance or are underinsured
- Qualify by household income

Breast and Cervical Cancer Services (BCCS) Benefits

What services are covered?

- Clinical breast examination
- Screening mammogram
- Pelvis exam and Pap test
- Diagnostic services
- Cervical dysplasia services
- Help with Medicaid for Breast or Cervical Cancer (MBCC)

Qualifications for Medicaid for Breast or Cervical Cancer (MBCC)

- Diagnosed with breast or cervical cancer
- Require treatment for breast or cervical cancer
- Reside in Texas
- U.S. citizen or eligible immigrant
- Age 18-64 years old
- No Health Insurance
- Meet allowed household income



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Services offered by Healthy Texas Women (HTW) Plus



Healthy Texas Women (HTW) Plus Requirements

If a woman has been pregnant within the last 12 months? This program was developed and created for a postpartum care package through the Healthy Texas Women Plus program.

Women must be already enrolled in the Healthy Texas Women program to participate.

Healthy Texas Women (HTW) Plus Program

What services are covered?

HTW Plus services will focus on treating major health conditions recognized as contributing to maternal morbidity in Texas, including:

- **Some of the postpartum depression and other mental health conditions that are treated include:** individual, family and group psychotherapy services and peer specialist services.
- **Heart health services** includes blood pressure monitoring, image studies and heart medications.
- **Substance use disorder, including drug, alcohol and tobacco misuse:** Services include screenings, brief interventions, referrals to treatment (SBIRT), outpatient substance use counseling, smoking cessation, medication – assisted treatment (MAT) and peer specialist services.

Note: Only the services listed above are paid by this program.

How to become a HTW Provider?



The process:

Providers must enroll in Texas Medicaid through Texas Medicaid & Healthcare Partnership (TMHP).

Several ways to submit enrollment:

Apply online at TMHP website: www.tmhp.com/

- Select “providers”
- Select “Enroll Today”
- Follow instructions

Complete a paper application download forms from TMHP website: www.tmhp.com/

- Go to forms page
- Select: Provider Enrollment-Application and download forms.

Call 1-800-925-9126 to request an enrollment forms Or

By Mail at:

Texas Medicaid & Healthcare Partnership
Attn: Provider Enrollment
PO Box 200795
Austin, TX 78720-0795

Note: For providers to render service to Healthy Texas Women Plus program, providers must be current HTW providers.

Healthy Texas Woman Quick Reference

Healthy Texas Women:

www.healthytexaswomen.org/healthcare-programs/healthy-texas-women

How to apply:

www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-how-apply

Healthy Texas Women Benefits:

www.healthytexaswomen.org/healthcare-programs/healthy-texas-women/htw-benefits

Family Planning Program:

www.healthytexaswomen.org/healthcare-programs/family-planning-program

Family Planning Benefits:

www.healthytexaswomen.org/healthcare-programs/family-planning-program/fpp-benefits

Breast and Cervical Cancer Services:

www.healthytexaswomen.org/healthcare-programs/breast-cervical-cancer-services

How to Contact:

www.healthytexaswomen.org/about/contact

Healthy Texas Women (HTW) Plus Services Available September 1, 2020:

www.tmhp.com/news/2020-08-28-healthy-texas-women-htw-plus-services-available-september-1-2020



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Questions?

Please contact:

BCBSTX Provider Network Representatives

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