



**BlueCross BlueShield  
of Texas**



**Improving Health Care Quality**

# Tips for Medicaid Providers Healthcare Effectiveness Data and Information Set (HEDIS®) Quick Reference Guide 2022

# Agenda

- HEDIS<sup>®</sup> Methodology
- What is HEDIS<sup>®</sup>?
- Why is HEDIS<sup>®</sup> Important to the Provider?
- How Can You Improve Your HEDIS<sup>®</sup> Scores?
- Blue Cross and Blue Shield of Texas (BCBSTX) HEDIS<sup>®</sup> Provider Quick Reference Guide



# What is HEDIS®?

## Healthcare Effectiveness Data and Information Set (HEDIS®)

- A set of standardized performance measures designed by the National Committee for Quality Assurance (NCQA) for the managed care industry website: [www.ncqa.org/hedis/](http://www.ncqa.org/hedis/)
- May have changes in measure criteria from year to year
- Designed to allow consumers to compare health plan performance to other plans on an “apples-to-apples” basis

# What is HEDIS<sup>®</sup>?

**Healthcare measures which evaluate a health plan's performance in providing healthcare**

- Is widely used in the United States
- Strict definitions – consistency in measurement
- Oversight with results audited

**Created & maintained by the National Committee for Quality Assurance (NCQA)**

- Governed by the Committee for Performance Measurement (CPM)
- HEDIS<sup>®</sup> is a Registered trademark of NCQA

# What is HEDIS®?

## HEDIS® results help to:

- Serve as measurements for quality improvement processes and preventive care programs
- Evaluate the health plan's ability to demonstrate improvement in its preventive care and quality measurements
- Provide a picture of the overall health and wellness of the plan's membership
- Identify gaps in care and develop programs/interventions to help increase compliance and improve health outcomes
- Demonstrate the provider's commitment to quality care and improved patient outcomes

# HEDIS® Methodology

**HEDIS® utilizes two methods for obtaining the data for measures:**

- **Claims/Encounter Data (Administrative Data):**

- ❑ Providers bill for all services provided using the appropriate codes

- **Medical Record Data (Hybrid):**

- ❑ Medical Records are obtained and reviewed, and the necessary data is abstracted and entered into BCBS HEDIS® software
  - ❑ The medical record is reviewed to support the result(s)
  - ❑ Records are reviewed retrospectively only during the HEDIS® reporting period
- Data can be submitted electronically, on supplemental data files, or obtained during HEDIS® review

**HEDIS® Results are audited by HEDIS® Auditors for accuracy**

# Why is HEDIS® Important to the Provider?



It is a tool for providers to ensure timely and appropriate care for their patients and improve patient outcomes.



HEDIS® assists providers in identifying and eliminating gaps in care for the patients assigned to their panel.



Measure rates can be used as a tool to monitor compliance with quality incentive programs which are defined by the provider contract.

# How Can You Improve Your HEDIS® Scores?

- Be sure you are coding correctly for all the services you provide.
  - Current Procedural Terminology (CPT II) billing codes increase scores for Blood Pressure (BP) reading, hemoglobin A1C results, and prenatal/postpartum visits.
  - International Classification of Diseases, Tenth Revision (ICD-10) codes for measures
- Take advantage of every office visit (including well visits, sick visits, and sports physicals)
  - Submit the appropriate codes for all preventative care completed during the visits
  - Check immunization record before every visit and administer needed vaccines
  - Send patient reminders for visits and needed care
  - Ensure follow-up instructions are clear and documented in the medical record (ex: for future appointments and what to do)
- Schedule the next appointment before the patient leaves the office
- Collaborate with the health plan on programs and interventions:
  - Supplemental data program
  - Quality initiatives
  - HEDIS® toolkits & resources
- Embed quality into your practice



# Provider Tools

- INDICES
- Provider Tool Kits
- Supplemental Data Submission
- BCBSTX HEDIS® Provider Quick Reference Guide



To obtain any of the Provider Tools, please contact:

Your Clinical Practice Consultant

**Lori Novicki, APRN**

**[Lori\\_Novicki@bcbstx.com](mailto:Lori_Novicki@bcbstx.com)**

**(512) 231-7662**

# BCBSTX HEDIS® Provider Quick Reference Guide

This guide was created with coding tips to help you satisfy HEDIS® measures from the National Committee for Quality Assurance (NCQA).

Visit the Blue Cross and Blue Shield of Texas [Quality Improvement webpage](#) for more details and tips sheets.

## HEDIS® Quick Reference Guide MY2022

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IMPROVING HEALTH CARE QUALITY

#### Tips for Medicaid Providers

#### Healthcare Effectiveness Data and Information Set (HEDIS®) Quick Reference Guide Measurement Year (MY) 2022

Quality improvement measures help ensure that members receive appropriate care. We created this guide with coding tips to help you satisfy HEDIS measures from the National Committee for Quality Assurance (NCQA). Visit the Blue Cross and Blue Shield of Texas (BCBSTX) Quality Improvement web page for more details and tips sheets.

#### Child and Adolescent Measures

Child Care Visits in the Past 12 Months (ICD-9) (CPT) Age 3-57 Months	Current Prescription Technology (CPT) Age 3-57 Months
This measure tracks the percentage of children who have at least one visit in the past 12 months with a provider in a primary care setting. It is a composite of two measures: Child Care Visits in the Past 12 Months and Current Prescription Technology.	This measure tracks the percentage of children who have at least one visit in the past 12 months with a provider in a primary care setting who are prescribed at least one of the following medications: ADHD medications, asthma inhalers, and asthma controllers.

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#### Childhood Immunization Status (CIS) Combination 10, Age 2 Years

This measure tracks the percentage of children who:

- Complete measles (MM) and the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)
- Receive the 2nd dose of the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)
- Complete measles (MM) and the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)
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- Complete measles (MM) and the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)

#### Immunizations for Adolescents (IMAC) Combination 2, Age 13 Years

This measure tracks the percentage of adolescents who:

- Complete measles (MM) and the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)
- Complete measles (MM) and the 2nd tetanus (TT2) combination (CPT 90707, 90706, 90706, 90703)
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#### Child and Adolescent Blood Sugar (HEDIS) (HEDIS) Age 3-24 Years

This measure tracks the percentage of children and adolescents who had at least one blood sugar test in the past 12 months.

#### Appropriate Treatment for Upper Respiratory Infection (URI) Age 3 Months and Older

This measure tracks the percentage of children who receive appropriate treatment for upper respiratory infection (URI) in the past 12 months.

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#### Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (NCPA) Age 3-17 Years

This measure tracks the percentage of children or adolescents who had a weight assessment and counseling for nutrition and physical activity in the past 12 months.

#### Preventive and Population Measures

This measure tracks the percentage of children and adolescents who:

- Receive appropriate treatment for upper respiratory infection (URI) in the past 12 months.
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#### Adult Measures

This measure tracks the percentage of adults who:

- Receive appropriate treatment for upper respiratory infection (URI) in the past 12 months.
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#### Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (NCPA) Age 3-17 Years

This measure tracks the percentage of children or adolescents who had a weight assessment and counseling for nutrition and physical activity in the past 12 months.

#### Preventive and Population Measures

This measure tracks the percentage of children and adolescents who:

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#### Hemoglobin A1c Control with Diabetes (HEDIS) Age 18-75 Years

This measure tracks the percentage of adults with diabetes who have had an HbA1c test in the past 12 months.

#### Childhood Cancer Screenings (CCS) Age 3-18 Years

This measure tracks the percentage of children and adolescents who have had a childhood cancer screening in the past 12 months.

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These codes are only a sample of approved codes. See the NCQA website for more information. These materials cannot be further distributed.

# Disclaimers

*HEDIS is a registered trademark of NCQA. Use of this resource is subject to NCQA's [copyright](#). The NCQA HEDIS measure specification has been adjusted pursuant to NCQA's Rules for Allowable Adjustments of HEDIS. The adjusted measure specification may be used only for quality improvement purposes.*

*\* Measurement Year (MY) 2020 and MY 2021*

*The above material is for informational purposes only and is not intended to be a substitute for the independent medical judgment of a physician. Physicians and other health care providers are encouraged to use their own best medical judgment based upon all available information and the condition of the patient in determining the best course of treatment.*