



**BlueCross BlueShield  
of Texas**

**Standard Authorization Form  
To Use or Disclose  
Protected Health Information (PHI)**

**I. Individual** (Name and information of person whose protected health information is being disclosed):

|                              |                             |
|------------------------------|-----------------------------|
| Name                         | Date of Birth               |
| Group #                      | Identification/Subscriber # |
| Address                      | City                        |
| Area Code & Telephone Number | State      ZIP              |

**II. Authorization and Purpose:**

I request and authorize Blue Cross and Blue Shield of Texas to disclose my protected health information as described below. **I understand that if the person/organization authorized to receive and use the information is not a health plan or health care provider, the disclosed information may no longer be protected by federal privacy regulations.**

|  |              |                |
|--|--------------|----------------|
| Persons/Organizations authorized to receive your information | Relationship | Purpose        |
| Address  | City         | State      ZIP |

**III. Specific Description of Information to be Used or Disclosed** *(Please Complete Parts A and B in this Section)*  
This Authorization CANNOT be used to disclose Psychotherapy Notes.

**A. Release of Sensitive Protected Health Information Under State Law**

You must check “yes” or “no” if you authorize the release of medical information, test results, records or communications specific to *(note: “yes” means this information is included in the categories you designate in Part B below)* :

- Human Immunodeficiency Virus (HIV) or HIV/Acquired Immune Deficiency Syndrome Yes
- Sexually transmitted or “communicable” diseases (includes hepatitis, as well as venereal diseases); No
- Drug, alcohol or substance abuse;
- Mental health or developmental disabilities (including mental retardation or similar disabilities, for example, those attributable to cerebral palsy, autism or neurological dysfunctions); and
- Genetic testing.

**B. Release of Protected Health Information** *(check one or more)*

**Dates of Services**  
From:                      To:

|                          |                                       |   |  |  |
|--------------------------|---------------------------------------|---|--|--|
| <input type="checkbox"/> | Health Plan Benefit Information:      | Includes information contained in your benefit booklet (i.e., copayments, coinsurance, eligibility and other benefit information).  |  |  |
| <input type="checkbox"/> | Claims                                | Includes information related to payment of your claims for service you received, including pertinent information located on a claim form (i.e., billed amount, general procedure descriptions claim payment or denial reasons, etc.). |  |  |
| <input type="checkbox"/> | Service Determination Information:    | Includes any information related to pre-service, concurrent and post-service decisions.   |  |  |
| <input type="checkbox"/> | Premium                               | Includes information related to billing cycles, bank draft changes, etc.  |  |  |
| <input type="checkbox"/> | Services from (provider or supplier): | Provider name: _____<br>(Includes information related to services rendered by a specific provider or supplier.)   |  |  |
| <input type="checkbox"/> | Other:                                | _____   |  |  |

(Specify other information that is not listed in one of the categories above.)

**IV. Expiration and Revocation:**

**Expiration:** This authorization will expire on (must choose one):

- One year from the date it is signed
- Other (insert date or event): \_\_\_\_\_

**Right to Revoke:** I understand that I may revoke this authorization at any time by giving written notice to the address listed at the bottom of this form. **I understand that revocation of this authorization will not affect any action the above named entity took in reliance on this authorization before the above named entity received my written notice of revocation.**

**V. Signature** (this document must be signed by the individual, parent of minor child or the individual's personal representative):

I understand that this authorization is voluntary and that the health plan cannot condition my eligibility for benefits, treatment, enrollment or payment of claims on the signing of this authorization. I understand that if I am signing on behalf of a minor child, this authorization will expire upon the child reaching the age of 18, unless there is proof of legal guardianship.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date: month/day/year**

**If you are signing as a Power of Attorney, Legal Guardian, Executor or Administrator complete the following and attach a copy of the Legal documents. You do NOT have to attach copies of these documents if they are already on file with Blue Cross and Blue Shield of Texas:**

\_\_\_\_\_  
**Personal Representative's Name**

\_\_\_\_\_  
**Relationship to Individual**

\_\_\_\_\_  
**Personal Representative's Address**

\_\_\_\_\_  
**City**

\_\_\_\_\_  
**State**

\_\_\_\_\_  
**ZIP**

\_\_\_\_\_  
**Personal Representative's Area Code & Telephone Number**

**BEFORE RETURNING YOU SHOULD KEEP A COPY FOR YOUR RECORDS  
BY EITHER:**

- (1) MAKING A PHOTOCOPY OF THIS SIGNED AUTHORIZATION; OR**
- (2) COMPLETING AND SIGNING THE DUPLICATE AUTHORIZATION FORM YOU RECEIVED OR PRINTED**

**Mail your completed signed authorization to:**  
**Blue Cross and Blue Shield of Texas**  
**P.O. Box 3235**  
**Naperville, IL 60566-7235**

**If you need assistance completing the form, please contact the Customer Service number listed on the back of your Member Identification Card.**